



## Clinical Breast Examination Certification Course

Certification Course!

7:00 – 8:00 AM Breakfast

**Saturday, March 14 8:00 AM – 5:30 PM**

**Sunday, March 15 8:00 AM – 12:00 PM**

**Suzanne M. Taylor, MD, Shireen L. Braner, PA, RT(R)(M)(QM), Sharon Cabbage, RN, BSN and Cathy Cole, RNC, NP, MPH, CHES**

This course covers one and one-half days and is designed to utilize Clinical Breast Examination Skills to accomplish a CBE's Paramount Objective, the detection of any dominant breast mass as another early detection tool to ultimately reduce breast cancer deaths. This is accomplished through an intensive didactic review of Core Breast Knowledge, BSE Technique, Breast Oriented History, Breast Imaging, Diagnostic Procedures with Breast Pathology, Follow-up Recommendations and Risk Management. The core knowledge component of the course is followed by a full half day of demonstration and practicum on performing a Clinical Breast Exam. Patient models, students and instructors will interface in life scenarios to experience issues and challenges in performing clinical breast exams. Additionally, this course will provide instruction and practice of the tactile skills associated in the performance of a clinical breast exam.

Each student will be provided a binder that outlines the major concepts that will be presented during the course and information that will on the testing units. Also included in the binder are supplemental reading materials as well as a vocabulary list to assist in the understanding of course material. All test material is included in the binder. Following course instruction, students will be evaluated on their core knowledge, ability to perform a Clinical Breast Exam in a real life approximated setting and their tactile skills regarding lump detection. A score of 85% or better must be achieved on the didactic written exam, the performance observation exam and tactile testing in order to pass the course and receive certification.

CBE® certification is the process by which the NCBC validates, based upon predetermined standards, a licensed breast health care provider's knowledge in

the performance of a clinical breast examination. The purpose is to assure the public that the certified licensed breast health care provider has completed the NCBC CBE® course and has met minimum knowledge and performance standards by recognizing the individual who has met these standards. Candidates who pass the CBEC® may use the mark CBEC® to verify they have met all eligibility and testing requirements. This may be used only while valid, after which time certification may be renewed. All individuals with valid certifications will be posted on the NCBC website.

To keep the certification active, each certified examiner must supply an annual report that identifies the number of exams completed and the exam findings, which shows that Clinical Breast Examinations have been performed as a part of their job responsibility. There is no annual renewal fee. Re-examination will be offered at the NCBC Annual National Conference. Certification lasts for a three-year period and re-certification is required at the end of that time.

This course is available to licensed healthcare professionals (physicians, physician assistants, nurse practitioners, registered nurses and radiologic technologists). It is recommended, but not mandatory, that individuals should be actively performing clinical breast examinations as part of their ongoing job responsibilities. Although this course will provide core knowledge and review performance and tactile skills, this CBE Certification Course is not designed as an entry level or introductory course for practitioners interested in learning basic CBE skills. This CBE Certification Course is designed for practitioners seeking CBE Certification as validation of their mastery of the breast health knowledge and CBE skills.

## Breast Health Navigator Certification Course

Certification Course!

7:00 – 8:00 AM Breakfast

**Saturday, March 14 8:00 AM – 5:30 PM**

**Sunday, March 15 8:00 AM – 12:00 PM**

**Colleen Johnson, RN, NP, Lillie Shockney, RN, BS, MAS, Susan Gardner, RN, CBEC and Colleen Sullivan-Moore, RN**

In the recent history of quality patient care, the breast health patient educator and navigator has become a vital component in many breast centers across the country. This position is sometimes referred to as the case manager, breast services manager or care coordinator, Nurse Navigator or Patient Navigator. Based upon the diversity in job descriptions reflecting various roles and responsibilities from center to center, the NCBC has identified the various navigation stages of a breast (cancer) patient's care, clarifying the role of a navigator in each stage and setting minimum knowledge requirements of the navigator to perform in each navigation stage. This clarity will assist both the breast health professionals who fill this role as well as the administrators who have set expectations of the person in the position.

Breast Health Patient Educator and Navigator Certification is the process by which the NCBC validates, based upon peer-reviewed standards, a licensed breast health care provider's knowledge in the navigation of a breast health care (cancer) patient. The purpose is to assure the public that the certified licensed breast health care provider has completed the NCBC Breast Health Patient Educator and Navigator Certification program and has met minimum knowledge and performance standards by recognizing the individual who has met these standards. Candidates who pass the certification may use the mark BHNC to verify they have met all eligibility and testing requirements. This may be used only while valid, after which time certification may be renewed. All individuals with valid certifications will be posted on the NCBC website.

Each student will be provided a binder that outlines the major concepts that will be presented during the course and information that will on the testing units. Also included in the binder are supplemental reading materials as well as a vocabulary list to assist in the understanding of course material. All test material is included in the binder. Following course instruction, students will be evaluated on their patient navigation and education core knowledge. A score of 85% or better must be achieved on the exam.

This is a breast health patient educator and navigator certification program; it is not an in-depth patient navigator training course. The certification program covers one and one-half days and will highlight navigation and education components, knowledge pertaining to breast health care processes, an overview

of the navigation stages and updates on clinical care relevant to patient navigation, education and treatment. Individuals who are familiar with breast patient navigation should consider becoming certified. The certification will validate a professional's knowledge to perform as a breast health patient educator and navigator in the various navigation stages.

This course is available to licensed healthcare professionals (physicians, physician assistants, nurse practitioners, registered nurses and radiologist technologists). It is recommended, but not mandatory, that individuals should be actively practicing as a breast health patient educator and navigator or should have this responsibility at their breast health care facility. This certification course is designed for practitioners seeking Breast Health Patient Educator and Navigator Certification as validation of their mastery of the breast health knowledge associated with this position.

The program is being presented, as the beta program with expectations of its continually evolving overtime. This skill set as well as the knowledge base will be the basis of the Breast Health Patient Educator and Navigator Certification. There will be three classifications of navigators: the Breast Health Education Navigator, the Breast Health Imaging Education Navigator and the Breast Cancer Education Navigator. Each classification's skill set and knowledge base builds upon the previous. The Breast Health Education Navigator assists patients from the time they walk in the door to their scheduled mammogram. The Breast Health Imaging Education Navigator may work with the patient from the time of taking history through the results of their mammogram. And the Breast Cancer Education Navigator may work with the patient from intake through end-of-life.

Program attendees meeting minimum proficiency on the exam will receive certification for one year and be able to sit for the three-year certification in 2010 at no cost. This course will consist of instruction on the core competencies of navigation on Saturday, March 14 with a certification test on Sunday, March 15. The NCBC is excited to offer this program for the first time at the 19th Annual National Interdisciplinary Breast Center Conference March 14-18, 2009. Registration for the conference is now available online at [www.breastcare.org](http://www.breastcare.org). A course curriculum is expected to be available online by January 1, 2009.