## Breast Care Center

## Role of Nurse Practitioner---Patient Navigator

**Goals**: To provide clinical as well as emotional support to the diagnostic breast patient; to be readily available for concerns/questions throughout the treatment process; to work closely with the radiologists in accumulating results and conveying difficult results to the patient; to be readily available for consult for patients needing immediate diagnostic work-up; to develop a close working relationship with all breast specialists and their support staff; to develop quality indicators for pain/nausea assessment/others as indicated following surgery and during treatment; to attend weekly breast conferences and provide input on patients; to be involved in community through events sponsored by the Breast Program as well as Community Health Fairs/events

## **Responsibilities:**

- 1. Work with the radiologists to determine recommendations to patients following biopsies.
- 2. To assist patient with the scheduling of appointments for followup visits to surgeon.
- 3. To make phone calls to patients instructing them of additional imaging procedures that must be performed to clarify interpretation.
- 4. To assist with biopsy procedures when requested.
- 5. To develop assessment tools to assist in treating every aspect of healing; that is, pain assessment, psychosocial, financial.
- 6. To perform CBE's on those patients who indicate that they have not had this procedure performed or who are high risk.
- 7. To be readily available to perform assessment on patient presenting with breast problem; discuss with radiologist and work with technologists in getting necessary procedures performed on same day.
- 8. To follow patient through the entire treatment process: imaging, surgery, chemotherapy, radiation therapy; to remain involved with patient if rehabilitation and/or palliative care are required.
- 9. To assist in the determination of the necessity of genetic counseling and assist with family history forms and scheduling of counseling session.
- 10. To orient to the Breast Data Base and utilize information as needed for referrals to Clinical Trials.
- 11. To assist in the preparation for weekly Breast Conferences.
- 12. To assist as requested with the High Risk and Second Opinion Clinics.

- 13. To serve as a resource and consultant for the Breast Center as well as the community.
- 14. To assist in the development of Quality Indicators, track results, report on a regular basis to the Breast Administrative Team.
- 15. To participate in outcomes research.
- 16. To develop and coordinate nursing; procedures and processes pertaining to the Breast Care Center services. Actively supervises nursing activities at the center and serves as a resource to other breast specialties in the care and management of the breast patient.
- 17. To act as a liaison between healthcare providers, the patients and family and payors.
- 18. To assure that the program nursing practices meet professional and regulatory standards and to that end participates in Nursing Services meetings and committees as designated.
- 19. To orient and train new employees and physicians in consumer/patient friendly services.

## Major Challenges:

- 1. Coordination of the Breast Care Center clinical resource services.
- 2. Coordination of interdisciplinary nursing breast team.
- 3. Integrating data from multiple sources into one breast center service outcomes report.
- 4. Flexibility in work schedule to meet center and patient care needs.
- 5. Immediate response to physician and patient telephone calls.
- 6. Sensitivity to the needs of the breast cancer patient focused on clinical/emotional skills as well as excellent communication and organizational ability.
- 7. Continuously building and maintaining referral relationships with all medical staff.